

SID: When my guest plays spontaneous songs downloaded from Heaven people are healed on Earth. I call her the stress-buster psalmist. Next on this edition of *It's Supernatural*.

*Can ancient secrets of the supernatural be rediscovered? Do angels exist? Is there life after death? Are healing miracles real? Can you get supernatural help from another dimension? Has the future been written in advance? Sid Roth has spent 30 years researching the strange world of the supernatural. **Join Sid on this edition of It's Supernatural.***

SID: Hello. **Sid Roth here.** Welcome to my world where it's naturally supernaturally. I call **my guest, Julie True**, a stress-buster psalmist because the presence of God is literally so tangible. But you know, Julie, that didn't happen over night and I told you this, I surprised you actually on the radio interview, that someone told me that late at night after the family's all put away, all your responsibility is over, you would slip out of your house to a cold barn in cold weather and worship God. Why? Why would you do that? It's cold out there.

JULIE: Well I was desperate to know God more and, you know, it's just a get-away in the midst of daily challenges. It's a time to go and be still and be with God, and that's how I learned to express my heart to God. And it started with sometimes old hymns and sometimes just singing scriptures, and sometimes it was just singing my heart to Him. But that's where I grew with it. It was a secret place for me.

SID: And you told me before we did this TV show you were alone in your hotel room. Tell me what happened this morning.

JULIE: Oh I had a wonderful time with God this morning. And just, I think it started from I started writing in my journal thanking God. I feel like thankfulness opens up the heavens and it opens up things in the Spirit. And I just feel like it's a principle. It has been for my life. And so I was thanking God for all that He's doing and all that He's showing me. Anyway, I just felt warm inside and felt like He was near in my room and it was just wonderful.

SID: You know what I feel? I feel that He's on this set and I know that He's going to invade you wherever you are right now. When Julie, and she doesn't worship for people, she worships for God, and you can come along. When Julie does this, what are some of the things that are happening from people that hear your music?

JULIE: Well I've had marriages that have been healed and even pets that have been affected by my music, and there's been Alzheimer patients, a suicide person who was getting ready to commit suicide and God stopped him in his tracks, and lots of people with sleep disorders that write me and tell me that my music has helped, an autistic situation.

SID: Tell me about Hope Seth and her baby.

JULIE: Well she said that she had tried a bunch of different music and she couldn't get anything that her baby could sleep to, and so she started using my music and that was what helped her baby go to sleep.

SID: And I asked Julie before this television show, what is your favorite song from your new CDs? And, you know, and that's very difficult for someone to do, but she immediately said one that is so special to me. Tell me the story behind "I Breathe You In".

JULIE: Well my husband and I direct a healing ring in Franklyn, Tennessee where we minister each week, we pray over people who need physical or emotional healing and it's all built around a time of soaking worship and prayer. And so we had started the healing rooms that day and I just was settling my own spirit. You know, a lot of times I do that to speak to my own self to be still and put my hope in God. And so I started to sing and I felt like the Lord just kept bringing up the scripture of "I abide in you and you abide in me." And it's as easy as just breathing. And so I began to sing, "I breathe you in, we breathe you in, and abide in you and abide in me." And it just was a special moment for me.

SID: Julie, I believe if you would sing this song to the Lord right now and if you would breathe the Spirit of God in as Julie sings this song because it's as easy as breathing the air. Do this by faith because there is such a presence of God in this studio. There's such a presence of God on this worship. Let's hear Julie True.

[music]

JULIE: [singing] We breathe you in, we breathe you in Holy Spirit. We breathe you in, we breathe you in to us. We soak you in, we soak you in to our beings to every cell. We soak you in, we soak you in to us. And we abide in you, you abide in us, I abide in you, you abide in me. I breathe you in Holy Spirit. I breathe you in as my life. I soak you in to the deepest part of me.

We'll be right back to It's Supernatural.

We now return to It's Supernatural.

SID: Hello. **Sid Roth here with Julie True.** I call her a stress-busting psalmist because stress can't raise its ugly head when the presence of God, did you hear that "Breathe You In"? Well there is lost art, I'll put it that way, of soaking in the presence of God, just as you breathe the Spirit of God into you, as Julie was singing about. When you are soaking with music like Julie's you literally are taking the life of God inside of you. Julie, what is your understanding of soaking?

JULIE: Well for me, I think it's sort of like Samuel resting in the presence of God near the Ark of the Lord, and it's a time to hear from God. It's a time to receive. For me, it always involves music, you know. I think of it that way. But it's a time to quiet your soul and open your spirit, be strengthened in your spirit. So it's not a time to speak or to, for me anyway, it's not a time to speak or anything like that when I'm soaking.

SID: What is going on with you when you're soaking? What's happening to you?

JULIE: Well when I'm actually singing and, you know, doing the worship time, it's my time to express my worship to God in my prayers and my concerns, and my revelations, and I'm just like having a conversation with Him, and it's just my interaction with Him. And so for me, it just creates an atmosphere for others to kind of come along with me on this little journey and interact with God as well.

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ID: You know Julie, I interviewed the woman that, as far as I'm concerned, has the best soaking room in the world. She's been doing it for 15 years, Cindy Parton.

JULIE: That's awesome.

SID: And people come from all over the world. And you know what she told me?

JULIE: What?

SID: She loves your music for soaking. She uses your music for soaking.

JULIE: That's awesome.

SID: And I'd like you to see this clip of an interview with Cindy Parton that I did on *It's Supernatural*.

[begin video]

CINDY: I've trained people that I want to go around the room while people are just in position, a comparable position, whatever that is, whether you want to lie, sit, wherever you're comfortable at, and to let the Holy Spirit come. And I've trained people to come around the room and to touch them, to impart to them just a special blessing, the love of the Father. And as people feel that touch on them then, whether it's on their shoulder, their head, wherever, it just helps them to feel connected to the Father. And everyone shares that as that touch is administered to them that it helps them to see their Father and to experience Him evenly deeper.

[end video]

SID: There is so much to this soaking. Julie, tell me about the song about "Let Joy Rise Up".

JULIE: Well it was another day in the healing rooms and we were, me and my prayer partners that were there that day were feeling like we needed to invite the joy of the Lord to come in, because there was like a heaviness. And we were not at all feeling joyful. And so just, a lot of times I know there's power in your words. And so if I don't feel it I just sing in.

SID: Stop. That's wonderful. Did you hear that? If I don't feel it I just sing it. I think that is just such a profound thing. And so you didn't feel joy. So what did you do?

JULIE: So I began singing, and so you can tell, I mean, the song is really, it's not like a real up and happy moment. I just started singing it into being, let the joy rise up.

SID: I heard that happening as you, and you know her singing is spontaneous. Julie, I want to hear this song right now. This singing is spontaneous. It's just as the Spirit of God bubbles up. But you could literally, when you hear the whole song, you can hear the progression of if I don't feel it I sing it. And I read a book a long time ago. It was called "If the Devil Can't Steal Your Joy, He Can't Steal Your Goods." Let's hear Julie True with "Let the Joy Rise Up".

[music]

JULIE: [singing] Let the joy rise up, let the joy rise up, let the joy rise up in me. Let the joy rise up, let the joy rise up, let the joy rise up in me. Nothing's gonna hold me down. Nothing's gonna steal my joy. Nothing's gonna snuff out the love of God in my heart. Let it rise up. Let the joy rise up, let the joy rise up, let the joy rise up in me. Let the joy rise up, let the joy rise up, let the joy rise up in me. La, la, la...Let the joy rise up, let the rise up, let the joy rise up in me. Let the joy rise up, let the joy rise up, let the joy rise up in me.

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SID: Hello. **Sid Roth here with Julie True.** Well did the joy rise up? I have an idea that it did. Now people take Julie's music and while they're counseling people literally the presence of God comes in the room and people are supernaturally healed in so many areas. Tell me about one counselor you know of that uses your music and what happened.

JULIE: Well yes, a lady name Marie that works with in anger management counseling and with substance abuse, and with prisoners that are coming out of prison into real life, and she had this one man one night that she said he was "one angry dude". And he was really had been beaten severely as a child and she put on the "Breathe You In" CD and she said that she feels like it just helps an create atmosphere that enhances what she's doing, which is praying and counseling in her way. And so this man started weeping and he forgave his father of this and then started praying that Jesus would tell his father who is deceased that he has forgiven him. And he also had been addicted to pain meds for 20 years for an accident where his leg was almost severed 20 years ago, and he was completely delivered from all the symptoms of the pain medication and has no pain any more. So he had this radical night of healing and she's used it in several other ways.

SID: Well that's what's so amazing to me is secular counselors take her music and without even speaking about God or the Bible the Spirit of God does the work in the midst of the counseling. Julie, out of curiosity, your music is spontaneous. You're not looking at sheet music.

JULIE: Right.

SID: Or anything like that. Are you a little concerned that when you're doing it you won't know what to say? You won't know what to play?

JULIE: Yeah, it's kind of scary, but it's like you get used to it, and then it's really fun and everything else feels stale. Like it's hard for me to come here and sing the songs that were created in a moment, you know, 'cause they just come out like that.

SID: I understand. I would like you to do something you did the last show. I want you to sing prophetically over me. Would you do that?

JULIE: Okay. Yes, I was just praying about who you are in the Spirit, and so--[singing] I hear you singing a song over all the Earth. I see you holding a banner of love saying 'Come, know my God'. Come and see that the Lord is good. Come and know the love of the Father. Come and encounter the heavenly wonders of the one true God. All things are possible with God. [speaking] That's what you're telling people. [singing] All things are possible with God. Nothing is impossible with God.

SID: I love that. And I also love your song, "Worship You". This is a song, in fact if you will go play it now. When Julie worships God she doesn't sing about Him, she sings to Him. Let's hear "Worship You".

[music]

JULIE: [singing]: I worship you, I worship you, I worship you, only living God. I worship you, worship you, I worship you oh God. Loving Father full of mercy, Lord the Father, Holy Spirit, you're all those things. Every facet of your being I receive as my God. And I worship you, I worship you, I worship you my God. I worship you, I worship you, I worship you oh my God. Love, mercy, full of grace, your shining face is always on me. You're always near. You always hear my call my prayers to you. You always hear, you always hear. Never failing love, everlasting love. I worship you, I worship you, I worship you my God. I worship you, I worship you, I worship you my God.